**Who Do You Trust?**

*A Children's Sermon*

I need your help. We all need your help. I need the advice of someone whose age lies somewhere between preschool and high school. I'm stuck on a problem. It's a problem I think we're all struggling with these days. Help me out.

My question to you is this: Who do you trust? And how do you know, really know, you can trust someone else? Someone says to you, "I'm going down to the store to buy some milk. If you give me the money, I'll do this for you. Trust me" . . . but do we know?

Let's try an experiment: (Hand on the Bible) Do you solemnly swear to tell the truth and nothing but the truth and if you don't tell the truth you will take everyone here out for ice cream? " Say, "I do." Can I trust you?

Now. Do you trust this guy?

***What does it mean to trust another person?***

We know someone is trustworthy if we've been with the person for long time and we feel that we know him or her. And over all that time, they have become a trusted person in our lives.

The passing of time helps us to trust someone.

I was always taught, "Say what you mean and mean what you say." In other words if someone tells me something, I know they can be trusted because they do what they said they were going to do. Right? And if they say what they mean and do what they say and do it over and over again, I begin to trust that person's word.

People we trust care about us; he or she loves us and we love him or her; and because of our friendship, we trust each other.

Working through this children's sermon, I had an *aha* moment. I realized that trust goes both ways. And that if we want to learn to trust someone, we also have to become trustworthy.

Can I trust you? Can I trust you?

Do you trust me? Do you trust me?

Trusting someone else also means we are person who can be trusted.

This week, I don't worry about the other person so much, worry about your own trustworthiness. Become the person, other people can trust.

Amen.